



**(Athlete Name) Tyler Kornfield**

Birthplace: Anchorage

DOB: 2-9-91

Weight: 162

Height: 6' ½"

Equipment: Boots: Rossignol, Skis: Rossignol, Poles: Rossignol

Years Skiing: 14

School: Service High

Languages Spoken: Japanese and English

Other Sports: Played soccer for 8 years and I also want to get more into biking.

Sports Hero: Don't really have one yet, probably Amy Glen at the moment. Peter Northug also because he falls a lot, just like me, especially in the finish shoot.

Hobbies: Watching any kind of sports, bird talking

Favorite Things: new equipment, especially free equipment

Goals for 07-08 Season: Get a better feel for training and how to use my heart rates so I can go the same pace when I am by myself and with others. Also, I need to learn how to stay consistent the whole year.

Hours Trained Last Season: 540ish??

Projected Hours for Next Season: 580