

Bib #
Amt. Paid:
How Paid:
Date Rec'd:



2010 Team Sprints Roller Ski Race Sunday, July 18, 2010

Cuddy Family Midtown Park
201 W. 40th Ave; 1 block east of C Street

Time: 12:00 Noon (1st Semi-Final)
11:15am (Registration starts)

Format: Team Sprint Relay – Classic Technique
Course: 1.2 -kilometer loop around new Speed-Skating Oval and Great Loop
Men: Each 2-person team member will do 3 laps
Women/J2 Boys: Each 2-person team member will do 2 laps

(If you don't have a teammate, we'll give you one.)

Helmets Required!!
J1 and Older Racers: Please use CLASSIC roller skis (Marwes if possible)



Entry Fee: \$10
Make checks payable to: MOA

Name: _____ Gender: M F Year of Birth: _____

Email Address: _____ Teammate: _____

WHO WILL GO OUT FIRST, YOU OR YOUR TEAMMATE???? (CIRCLE ONE)

Club/School/Other Affiliation: _____

WAIVER:

I understand the risks and dangers inherent in rollerskiing and rollerski racing. I, for myself, my heirs, representatives, and minor child: (1) accept and assume all such risks; (2) release and discharge the Municipality of Anchorage, Alaska Winter Stars, and their respective officers, directors, owners, employees, agents, sponsors, race officials and volunteers from any and all claims based on accidents or injuries, including death, directly or indirectly connected with this activity; and (3) waive and covenant not to hold any of the above-mentioned parties responsible for any personal or property damage arising out of my, or my minor child's participation in the roller ski race. I hereby authorize emergency medical care by either our family doctor or available physician.

Signature of Racer Date: _____

Signature of Parent or Guardian if Racer under age 18 Date: _____