

Anchorage Freestyle Wrestling Club

Wrestling Tournament

Saturday - April 4, 2009 • Bartlett High School Gym

WHERE:

Bartlett High School Gym (off main parking lot next to the pool) – 1101 N. Muldoon Rd. (Cross Glenn Hwy./Muldoon Rd. N. overpass. School is on right side just before Elmendorf Air Force Base gate).

SCHEDULE:

Friday – April 3

7:00 p.m. – 9:00 p.m.

- Weigh-ins in gym @ Bartlett High School (Participants must be wearing singlet)

7:00 p.m. – **8:30 p.m.**

- Alternate Weigh-ins @ Colony High School (Participants must be wearing singlet)

Saturday – April 4

7:00 a.m. – 8:00 a.m.

- Weigh-ins in gym (wear singlet)

9:00 a.m.

- Officials/Coaches meeting in gym

9:30 a.m.

- Table Workers Clinic in gym

Note: We will have 6 full mats to run as full or half mats

10:00 a.m.

- **WRESTLING BEGINS:**

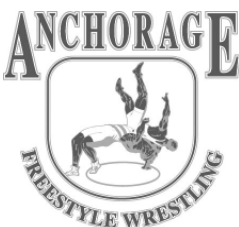
Pre-Bantam/ Bantam/Intermediate/thru Novice 80 lb age divisions (Kids Div.- headgear enforced)

1:00 p.m.

- **NOVICE 85+ THROUGH OPEN** check brackets & make changes

2:00 p.m.

- **WRESTLING BEGINS:** Novice 85 lb up/Schoolboy/Cadet/Junior/Open age divisions (Schoolboy Div. and all Girls - headgear enforced)



Note: All wrestlers should arrive at LEAST 1-hour prior to their start time to verify they are in the correct bracket.

AGES/ENTRY FEE: Pre-Bantam through Open Divisions. Entry fee is \$15.00 for each contestant. Club directors; please make one check payable to AFWC for all your wrestlers entered in the tournament. Individual wrestlers from clubs are welcome. Coaches must have current USAW Coaches card to be on mat corner or in hospitality room. USA Wrestling cards will NOT be available for sale at the tournament. Go to www.themat.com to purchase card prior to the tournament.

REGISTRATION: Pre-Registration is **required** by **10:00 p.m. – Thursday, April 2. Club directors; please register your wrestlers as a team (not individually) at www.trackwrestling.com.** Only register your members planning to attend the AFWC tournament. If you have any questions with registration, please contact Kim Ottum at 250-0054. Please courtesy copy your entire roster of wrestlers, include name, birth month/year and USAW card number (must have!) via email to Kim at alaskaottums@gci.net or fax to 907-349-8417.

AWARDS: Medals will be given to the top three wrestlers in each weight division as brackets are completed throughout the day. Trophies will be presented to the 1st, 2nd and 3rd place teams.

CONCESSIONS/HOSPITALITY ROOM: Concession stand will be available on upper Mezzanine area. Coaches/Officials hospitality room will be available for coaches that hold a current USA Wrestling card.

Questions? Contact Kim Ottum at (907) 250-0054 or alaskaottums@gci.net